



2020 Step Therapy Criteria

(List of Step Therapy Criteria)

PLEASE READ CAREFULLY: IEHP DUALCHOICE CAL MEDICCONNECT PLAN (MEDICARE-MEDICAID PLAN) REQUIRES YOU TO FIRST TRY CERTAIN DRUGS TO TREAT YOUR MEDICAL CONDITION BEFORE WE WILL COVER ANOTHER DRUG FOR THAT CONDITION. THIS DOCUMENT CONTAINS INFORMATION ABOUT THE STEP THERAPY CRITERIA THAT WE COVER IN THIS PLAN.

Note to existing members: Beneficiaries must use network pharmacies to access their prescription drug benefit. Benefits, List of Covered Drugs, pharmacy and provider networks and copayments may change from time to time throughout the year and on January 1 of each year.

IEHP DualChoice Cal MediConnect Plan (Medicare-Medicaid Plan) is a Health Plan that contracts with both Medicare and Medi-Cal to provide benefits of both programs to enrollees. You can get this information for free in other languages. Call 1-877-273-IEHP (4347), 8am – 8pm (PST) 7 days a week, including holidays. TTY users should call 1-800-718-4347. The call is free.

Usted puede obtener esta información gratis en otros idiomas. Llame al 1-877-273-IEHP (4347), 8 am-8pm (Hora del Pacífico), los 7 días de la semana, incluidos días festivos. Los usuarios de TTY deben llamar al 1-800-718-4347. La llamada es gratuita.

Step Therapy Group	Algorithm	Steps
celecoxib	Must try one of the formulary alternatives: diclofenac, ibuprofen, meloxicam, naproxen, nabumetone, sulindac	<p>Step 1: <i>diclofenac er 100 mg tablet, extended release 24 hr, diclofenac potassium 50 mg tablet, diclofenac sodium 25 mg tablet, delayed release, diclofenac sodium 50 mg tablet, delayed release, diclofenac sodium 75 mg tablet, delayed release, ibu 600 mg tablet, ibu 800 mg tablet, ibuprofen 100 mg/5 ml oral suspension, ibuprofen 400 mg tablet, ibuprofen 600 mg tablet, ibuprofen 800 mg tablet, meloxicam 15 mg tablet, meloxicam 7.5 mg tablet, nabumetone 500 mg tablet, nabumetone 750 mg tablet, naproxen 250 mg tablet, naproxen 375 mg tablet, naproxen 500 mg tablet, sulindac 150 mg tablet, sulindac 200 mg tablet</i></p> <p>Step 2: <i>celecoxib 100 mg capsule, celecoxib 200 mg capsule, celecoxib 400 mg capsule, celecoxib 50 mg capsule</i></p>

Step Therapy Group	Algorithm	Steps
diabetes	Must try one of the formulary alternatives: alogliptin, alogliptin-metformin, Basaglar, glimepiride, glimepiride-pioglitazone, glipizide, glipizide ER, glipizide-metformin, glyburide, glyburide-metformin, Humalog Mix, Humulin, Humulin N, Humulin R, insulin lispro, Lantus, Toujeo, metformin, metformin ER, Novolin, Novolin N, Novolin R	<p>Step 1: <i>alogliptin 12.5 mg tablet, alogliptin 12.5 mg-metformin 1,000 mg tablet, alogliptin 12.5 mg-metformin 500 mg tablet, alogliptin 25 mg tablet, alogliptin 6.25 mg tablet, BASAGLAR KWIKPEN U-100 INSULIN 100 UNIT/ML (3 ML) SUBCUTANEOUS, glimepiride 1 mg tablet, glimepiride 2 mg tablet, glimepiride 4 mg tablet, glipizide 10 mg tablet, glipizide 2.5 mg-metformin 250 mg tablet, glipizide 2.5 mg-metformin 500 mg tablet, glipizide 5 mg tablet, glipizide 5 mg-metformin 500 mg tablet, glipizide er 10 mg tablet, extended release 24 hr, glipizide er 2.5 mg tablet, extended release 24 hr, glipizide er 5 mg tablet, extended release 24 hr, glyburide 1.25 mg tablet, glyburide 1.25 mg-metformin 250 mg tablet, glyburide 2.5 mg tablet, glyburide 2.5 mg-metformin 500 mg tablet, glyburide 5 mg tablet, glyburide 5 mg-metformin 500 mg tablet, glyburide micronized 1.5 mg tablet, glyburide micronized 3 mg tablet, glyburide micronized 6 mg tablet, HUMALOG MIX 50-50 (U-100) INSULIN 100 UNIT/ML SUBCUTANEOUS SUSPENSION, HUMALOG MIX 75-25 (U-100) INSULIN 100 UNIT/ML SUBCUTANEOUS SUSPENSION, HUMULIN 70/30 U-100 INSULIN 100 UNIT/ML SUBCUTANEOUS SUSPENSION, HUMULIN N NPH U-100 INSULIN (ISOPHANE SUSP) 100 UNIT/ML SUBCUTANEOUS, HUMULIN R REGULAR U-100 INSULIN 100 UNIT/ML INJECTION SOLUTION, HUMULIN R U-500 (CONCENTRATED) INSULIN 500 UNIT/ML SUBCUTANEOUS SOLN, insulin lispro (u-100) 100 unit/ml subcutaneous pen, insulin lispro (u-100) 100 unit/ml subcutaneous solution, LANTUS SOLOSTAR U-100 INSULIN 100 UNIT/ML (3 ML) SUBCUTANEOUS PEN, LANTUS U-100 INSULIN 100 UNIT/ML SUBCUTANEOUS SOLUTION, metformin 1,000 mg tablet, metformin 500 mg tablet, metformin 850 mg tablet, metformin er 500 mg tablet, extended release 24 hr, metformin er 750 mg</i></p>

Step Therapy Group	Algorithm	Steps
		<p><i>tablet, extended release 24 hr</i>, NOVOLIN 70/30 U-100 INSULIN 100 UNIT/ML SUBCUTANEOUS SUSPENSION, NOVOLIN N NPH U-100 INSULIN ISOPHANE 100 UNIT/ML SUBCUTANEOUS SUSP, NOVOLIN R REGULAR U-100 INSULIN 100 UNIT/ML INJECTION SOLUTION, <i>pioglitazone 30 mg-glimepiride 2 mg tablet</i>, <i>pioglitazone 30 mg-glimepiride 4 mg tablet</i>, TOUJEO MAX U-300 SOLOSTAR 300 UNIT/ML (3 ML) SUBCUTANEOUS INSULIN PEN, TOUJEO SOLOSTAR U-300 INSULIN 300 UNIT/ML (1.5 ML) SUBCUTANEOUS PEN</p> <p>Step 2: INVOKAMET 150 MG-1,000 MG TABLET, INVOKAMET 150 MG-500 MG TABLET, INVOKAMET 50 MG-1,000 MG TABLET, INVOKAMET 50 MG-500 MG TABLET, INVOKAMET XR 150 MG-1,000 MG TABLET, EXTENDED RELEASE, INVOKAMET XR 150 MG-500 MG TABLET, EXTENDED RELEASE, INVOKAMET XR 50 MG-1,000 MG TABLET, EXTENDED RELEASE, INVOKAMET XR 50 MG-500 MG TABLET, EXTENDED RELEASE, INVOKANA 100 MG TABLET, INVOKANA 300 MG TABLET, SEGLUROMET 2.5 MG-1,000 MG TABLET, SEGLUROMET 2.5 MG-500 MG TABLET, SEGLUROMET 7.5 MG-1,000 MG TABLET, SEGLUROMET 7.5 MG-500 MG TABLET, STEGLATRO 15 MG TABLET, STEGLATRO 5 MG TABLET, STEGLUJAN 15 MG-100 MG TABLET, STEGLUJAN 5 MG-100 MG TABLET, TRULICITY 0.75 MG/0.5 ML SUBCUTANEOUS PEN INJECTOR, TRULICITY 1.5 MG/0.5 ML SUBCUTANEOUS PEN INJECTOR, VICTOZA 3-PAK 0.6 MG/0.1 ML (18 MG/3 ML) SUBCUTANEOUS PEN INJECTOR</p>

Step Therapy Group	Algorithm	Steps
diclofenac topical gel	Must try one of the formulary alternatives: topical fluorouracil, topical imiquimod	<p>Step 1: <i>fluorouracil 2 % topical solution, fluorouracil 5 % topical cream, fluorouracil 5 % topical solution, imiquimod 5 % topical cream packet</i></p> <p>Step 2: <i>diclofenac 3 % topical gel</i></p>

Step Therapy Group	Algorithm	Steps
memantine	Must try one of the formulary alternatives: memantine	<p>Step 1: <i>memantine 10 mg tablet, memantine 2 mg/ml oral solution, memantine 5 mg tablet, memantine 5 mg-10 mg tablets in a dose pack</i></p> <p>Step 2: <i>memantine 14 mg capsule sprinkle,extended release 24hr, memantine 21 mg capsule sprinkle,extended release 24hr, memantine 28 mg capsule sprinkle,extended release 24hr, memantine 7 mg capsule sprinkle,extended release 24hr, NAMENDA XR 7 MG-14 MG-21 MG-28 MG CAPSULE,SPRINKLE,EXT REL, DOSE PACK</i></p>

Step Therapy Group	Algorithm	Steps
Myrbetriq	Must try one of the formulary alternatives: oxybutynin, oxybutynin ER, tolterodine, tolterodine ER	<p>Step 1: <i>oxybutynin chloride 5 mg tablet, oxybutynin chloride 5 mg/5 ml oral syrup, oxybutynin chloride er 10 mg tablet, extended release 24 hr, oxybutynin chloride er 15 mg tablet, extended release 24 hr, oxybutynin chloride er 5 mg tablet, extended release 24 hr, tolterodine 1 mg tablet, tolterodine 2 mg tablet, tolterodine er 2 mg capsule, extended release 24 hr, tolterodine er 4 mg capsule, extended release 24 hr</i></p> <p>Step 2: MYRBETRIQ 25 MG TABLET, EXTENDED RELEASE, MYRBETRIQ 50 MG TABLET, EXTENDED RELEASE</p>

Step Therapy Group	Algorithm	Steps
olopatadine 1%	Must try one of the formulary alternatives: cromolyn, azelastine	<p>Step 1: <i>azelastine 0.05 % eye drops, cromolyn 4 % eye drops</i></p> <p>Step 2: <i>olopatadine 0.1 % eye drops</i></p>

Step Therapy Group	Algorithm	Steps
Savella	Must try one of the formulary alternatives: duloxetine, gabapentin	<p>Step 1: <i>duloxetine 20 mg capsule, delayed release, duloxetine 30 mg capsule, delayed release, duloxetine 40 mg capsule, delayed release, duloxetine 60 mg capsule, delayed release, gabapentin 100 mg capsule, gabapentin 250 mg/5 ml oral solution, gabapentin 300 mg capsule, gabapentin 400 mg capsule, gabapentin 600 mg tablet, gabapentin 800 mg tablet</i></p> <p>Step 2: SAVELLA 100 MG TABLET, SAVELLA 12.5 MG (5)-25 MG(8)-50MG(42) TABLETS IN A DOSE PACK, SAVELLA 12.5 MG TABLET, SAVELLA 25 MG TABLET, SAVELLA 50 MG TABLET</p>

Step Therapy Group	Algorithm	Steps
Uloric	Must try one of the formulary alternatives: allopurinol	<p>Step 1: <i>allopurinol 100 mg tablet, allopurinol 300 mg tablet</i></p> <p>Step 2: ULORIC 40 MG TABLET, ULORIC 80 MG TABLET</p>

Index

<i>allopurinol 100 mg tablet</i>	9	<i>gabapentin 600 mg tablet</i>	8	HUMULIN R REGULAR U-100 INSULIN	
<i>allopurinol 300 mg tablet</i>	9	<i>gabapentin 800 mg tablet</i>	8	100 UNIT/ML INJECTION SOLUTION.....	2
<i>alogliptin 12.5 mg tablet</i>	2	<i>glimepiride 1 mg tablet</i>	2	HUMULIN R U-500 (CONCENTRATED)	
<i>alogliptin 12.5 mg-metformin 1,000 mg</i>		<i>glimepiride 2 mg tablet</i>	2	INSULIN 500 UNIT/ML	
<i>tablet</i>	2	<i>glimepiride 4 mg tablet</i>	2	SUBCUTANEOUS SOLN.....	2
<i>alogliptin 12.5 mg-metformin 500 mg tablet</i> ...	2	<i>glipizide 10 mg tablet</i>	2	<i>ibu 600 mg tablet</i>	1
<i>alogliptin 25 mg tablet</i>	2	<i>glipizide 2.5 mg-metformin 250 mg tablet</i>	2	<i>ibu 800 mg tablet</i>	1
<i>alogliptin 6.25 mg tablet</i>	2	<i>glipizide 2.5 mg-metformin 500 mg tablet</i>	2	<i>ibuprofen 100 mg/5 ml oral suspension</i>	1
<i>azelastine 0.05 % eye drops</i>	7	<i>glipizide 5 mg tablet</i>	2	<i>ibuprofen 400 mg tablet</i>	1
BASAGLAR KWIKPEN U-100 INSULIN		<i>glipizide 5 mg-metformin 500 mg tablet</i>	2	<i>ibuprofen 600 mg tablet</i>	1
100 UNIT/ML (3 ML) SUBCUTANEOUS	2	<i>glipizide er 10 mg tablet, extended release 24</i>		<i>ibuprofen 800 mg tablet</i>	1
<i>celecoxib 100 mg capsule</i>	1	<i>hr</i>	2	<i>imiquimod 5 % topical cream packet</i>	4
<i>celecoxib 200 mg capsule</i>	1	<i>glipizide er 2.5 mg tablet, extended release</i>		<i>insulin lispro (u-100) 100 unit/ml</i>	
<i>celecoxib 400 mg capsule</i>	1	<i>24 hr</i>	2	<i>subcutaneous pen</i>	2
<i>celecoxib 50 mg capsule</i>	1	<i>glipizide er 5 mg tablet, extended release 24</i>		<i>insulin lispro (u-100) 100 unit/ml</i>	
<i>cromolyn 4 % eye drops</i>	7	<i>hr</i>	2	<i>subcutaneous solution</i>	2
<i>diclofenac 3 % topical gel</i>	4	<i>glyburide 1.25 mg tablet</i>	2	INVOKAMET 150 MG-1,000 MG TABLET.	2
<i>diclofenac er 100 mg tablet,extended release</i>		<i>glyburide 1.25 mg-metformin 250 mg tablet</i>	2	INVOKAMET 150 MG-500 MG TABLET....	2
<i>24 hr</i>	1	<i>glyburide 2.5 mg tablet</i>	2	INVOKAMET 50 MG-1,000 MG TABLET...	2
<i>diclofenac potassium 50 mg tablet</i>	1	<i>glyburide 2.5 mg-metformin 500 mg tablet</i>	2	INVOKAMET 50 MG-500 MG TABLET.....	2
<i>diclofenac sodium 25 mg tablet,delayed</i>		<i>glyburide 5 mg tablet</i>	2	INVOKAMET XR 150 MG-1,000 MG	
<i>release</i>	1	<i>glyburide 5 mg-metformin 500 mg tablet</i>	2	TABLET, EXTENDED RELEASE	2
<i>diclofenac sodium 50 mg tablet,delayed</i>		<i>glyburide micronized 1.5 mg tablet</i>	2	INVOKAMET XR 150 MG-500 MG	
<i>release</i>	1	<i>glyburide micronized 3 mg tablet</i>	2	TABLET, EXTENDED RELEASE	2
<i>diclofenac sodium 75 mg tablet,delayed</i>		<i>glyburide micronized 6 mg tablet</i>	2	INVOKAMET XR 50 MG-1,000 MG	
<i>release</i>	1	HUMALOG MIX 50-50 (U-100) INSULIN		TABLET, EXTENDED RELEASE	2
<i>duloxetine 20 mg capsule,delayed release</i>	8	100 UNIT/ML SUBCUTANEOUS		INVOKAMET XR 50 MG-500 MG	
<i>duloxetine 30 mg capsule,delayed release</i>	8	SUSPENSION	2	TABLET, EXTENDED RELEASE	2
<i>duloxetine 40 mg capsule,delayed release</i>	8	HUMALOG MIX 75-25 (U-100) INSULIN		INVOKANA 100 MG TABLET	2
<i>duloxetine 60 mg capsule,delayed release</i>	8	100 UNIT/ML SUBCUTANEOUS		INVOKANA 300 MG TABLET	2
<i>fluorouracil 2 % topical solution</i>	4	SUSPENSION	2	LANTUS SOLOSTAR U-100 INSULIN 100	
<i>fluorouracil 5 % topical cream</i>	4	HUMULIN 70/30 U-100 INSULIN 100		UNIT/ML (3 ML) SUBCUTANEOUS PEN...	2
<i>fluorouracil 5 % topical solution</i>	4	UNIT/ML SUBCUTANEOUS		LANTUS U-100 INSULIN 100 UNIT/ML	
<i>gabapentin 100 mg capsule</i>	8	SUSPENSION	2	SUBCUTANEOUS SOLUTION.....	2
<i>gabapentin 250 mg/5 ml oral solution</i>	8	HUMULIN N NPH U-100 INSULIN		<i>meloxicam 15 mg tablet</i>	1
<i>gabapentin 300 mg capsule</i>	8	(ISOPHANE SUSP) 100 UNIT/ML		<i>meloxicam 7.5 mg tablet</i>	1
<i>gabapentin 400 mg capsule</i>	8	SUBCUTANEOUS	2	<i>memantine 10 mg tablet</i>	5

<i>memantine 14 mg capsule sprinkle,extended release 24hr</i>	5	<i>olopatadine 0.1 % eye drops</i>	7	TOUJEO SOLOSTAR U-300 INSULIN 300 UNIT/ML (1.5 ML) SUBCUTANEOUS PEN	2
<i>memantine 2 mg/ml oral solution</i>	5	<i>oxybutynin chloride 5 mg tablet</i>	6	TRULICITY 0.75 MG/0.5 ML SUBCUTANEOUS PEN INJECTOR	2
<i>memantine 21 mg capsule sprinkle,extended release 24hr</i>	5	<i>oxybutynin chloride 5 mg/5 ml oral syrup</i>	6	TRULICITY 1.5 MG/0.5 ML SUBCUTANEOUS PEN INJECTOR	2
<i>memantine 28 mg capsule sprinkle,extended release 24hr</i>	5	<i>oxybutynin chloride er 10 mg tablet,extended release 24 hr</i>	6	ULORIC 40 MG TABLET	9
<i>memantine 5 mg tablet</i>	5	<i>oxybutynin chloride er 15 mg tablet,extended release 24 hr</i>	6	ULORIC 80 MG TABLET	9
<i>memantine 5 mg-10 mg tablets in a dose pack</i>	5	<i>oxybutynin chloride er 5 mg tablet,extended release 24 hr</i>	6	VICTOZA 3-PAK 0.6 MG/0.1 ML (18 MG/3 ML) SUBCUTANEOUS PEN INJECTOR.....	2
<i>memantine 7 mg capsule sprinkle,extended release 24hr</i>	5	<i>pioglitazone 30 mg-glimepiride 2 mg tablet</i>	2		
<i>metformin 1,000 mg tablet</i>	2	<i>pioglitazone 30 mg-glimepiride 4 mg tablet</i>	2		
<i>metformin 500 mg tablet</i>	2	SAVELLA 100 MG TABLET	8		
<i>metformin 850 mg tablet</i>	2	SAVELLA 12.5 MG (5)-25 MG(8)-50MG(42) TABLETS IN A DOSE PACK	8		
<i>metformin er 500 mg tablet,extended release 24 hr</i>	2	SAVELLA 12.5 MG TABLET	8		
<i>metformin er 750 mg tablet,extended release 24 hr</i>	2	SAVELLA 25 MG TABLET	8		
MYRBETRIQ 25 MG TABLET,EXTENDED RELEASE.....	6	SAVELLA 50 MG TABLET	8		
MYRBETRIQ 50 MG TABLET,EXTENDED RELEASE.....	6	SEGLUROMET 2.5 MG-1,000 MG TABLET	2		
<i>nabumetone 500 mg tablet</i>	1	SEGLUROMET 2.5 MG-500 MG TABLET...	2		
<i>nabumetone 750 mg tablet</i>	1	SEGLUROMET 7.5 MG-1,000 MG TABLET	2		
NAMENDA XR 7 MG-14 MG-21 MG-28 MG CAPSULE,SPRINKLE,EXT REL, DOSE PACK.....	5	SEGLUROMET 7.5 MG-500 MG TABLET...2			
<i>naproxen 250 mg tablet</i>	1	STEGLATRO 15 MG TABLET	2		
<i>naproxen 375 mg tablet</i>	1	STEGLATRO 5 MG TABLET	2		
<i>naproxen 500 mg tablet</i>	1	STEGLUJAN 15 MG-100 MG TABLET	2		
NOVOLIN 70/30 U-100 INSULIN 100 UNIT/ML SUBCUTANEOUS SUSPENSION.....	2	STEGLUJAN 5 MG-100 MG TABLET	2		
NOVOLIN N NPH U-100 INSULIN ISOPHANE 100 UNIT/ML SUBCUTANEOUS SUSP	2	<i>sulindac 150 mg tablet</i>	1		
NOVOLIN R REGULAR U-100 INSULIN 100 UNIT/ML INJECTION SOLUTION.....	2	<i>sulindac 200 mg tablet</i>	1		
		<i>tolterodine 1 mg tablet</i>	6		
		<i>tolterodine 2 mg tablet</i>	6		
		<i>tolterodine er 2 mg capsule,extended release 24 hr</i>	6		
		<i>tolterodine er 4 mg capsule,extended release 24 hr</i>	6		
		TOUJEO MAX U-300 SOLOSTAR 300 UNIT/ML (3 ML) SUBCUTANEOUS INSULIN PEN.....	2		