WHAT YOU NEED TO KNOW About Coronavirus (COVID-19)

COVID-19 is a virus that causes breathing problems in people. The virus passes from person to person through close contact and droplets in the air from coughing or sneezing (like the common cold or flu).

What are the symptoms?
Most people who get COVID-19 feel like they have the flu. Symptoms can range from mild to severe. They include fever, cough and breathing problems.

What should you do if you think you have COVID-19?
Stay home and call your Doctor’s office first. Tell them your symptoms and if you’ve traveled to infected regions or were around people who recently came back from those regions.

If you can’t reach your Doctor or if it’s after-hours, you can call our 24-Hour Nurse Advice Line at 1-888-244-4347 or 1-866-577-8355 for TTY users. Our trained Nurses offer medical advice and, if needed, will connect you with a Doctor via phone or video chat.

To get the latest updates on COVID-19, visit iehp.org.

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