Coverage Period: 01/01/2024-12/31/2024
Coverage for: All Covered Members | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://www.iehp.org">www.iehp.org</a> or call 1-855-433-4347 For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a> or www.iehp.org or call 1-855-433-4347 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$9,450/individual, \$18,900/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and services indicated in chart starting on Page 2.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.  But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$9,450/individual, \$18,900/family	The <u>out-of-pocket limit is</u> the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums and healthcare this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. For a list of preferred providers, visit <a href="https://www.iehp.org">www.iehp.org</a> or call 1-855-433-4347.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider might</u> use an <u>out-of-network provider for some services</u> (such as lab work). Check with your <u>provider before</u> you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes. Requires written prior authorization.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

		What You Will Pay		Limitations Franchisms 9 Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care	Primary care visit to treat an injury or illness	0% coinsurance /visit deductible applies	Not covered	<u>Deductible</u> waived for first 3 non-preventive office visits, combined with primary care, urgent care, Behavioral Health/Substance Use Disorder office visits.
provider's office or clinic	Specialist visit	0% coinsurance /visit deductible applies	Not covered	Requires prior authorization.
Cimic	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a toot	Diagnostic test (x-ray, blood work)	0% <u>coinsurance</u> /visit <u>deductible</u> applies	Not covered	Requires physician order.
If you have a test	Imaging (CT/PET scans, MRIs)	0% <u>coinsurance</u> /visit <u>deductible</u> applies	Not covered	Requires prior authorization.
	Generic drugs	0% <u>coinsurance</u> <u>deductible</u> applies	Not covered	Supply/order: up to 30-day (retail); 30-100
If you need drugs to treat your illness or condition	Preferred brand drugs	0% <u>coinsurance</u> <u>deductible</u> applies	Not covered	day (mail order), except where quantity limits apply. Prior authorization is required
More information about prescription drug	Non-preferred brand drugs	0% <u>coinsurance</u> <u>deductible</u> applies	Not covered	for select drugs.
coverage is available at www.iehp.org	Specialty drugs	0% coinsurance deductible applies	Not covered	Prior authorization is required for select drugs. Quantity limits may apply to select drugs. Supply/order: up to a 30-day supply filled by specialty pharmacy.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	0% <u>coinsurance</u> <u>deductible</u> applies	Not covered	Requires prior authorization.
surgery	Physician/surgeon fees	0% <u>coinsurance</u> <u>deductible</u> applies	Not covered	None.
If you need immediate medical attention	Emergency room care	0% coinsurance /visit deductible applies ER Physician- No	0% <u>coinsurance</u> /visit <u>deductible</u> applies ER Physician- No charge	Coinsurance waived if admitted into the hospital. Out-of-network services must meet the criteria for emergency care.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.iehp.org</u>

		What You Will Pay		Limitations, Exceptions, & Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
		charge		
	Emergency medical transportation	0% <u>coinsurance</u> /transport <u>deductible</u> applies	0% coinsurance /transport deductible applies	Out-of-network services must meet the criteria for emergency care.
	Urgent care	0% <u>coinsurance</u> /visit <u>deductible</u> applies	0% coinsurance /visit deductible applies	Deductible waived for first 3 non-preventive office visits, combined with primary care, urgent care, Behavioral Health/Substance Use Disorder office visits. Out-of-network Urgent care services are covered while you are out of the service area.
If you have a hospital	Facility fee (e.g., hospital room)	0% <u>coinsurance</u> <u>deductible</u> applies	Not covered	Requires prior authorization.
stay	Physician/surgeon fees	0% <u>coinsurance</u> <u>deductible</u> applies	Not covered	None.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office visit-individual and group therapy session 0% coinsurance /visit deductible applies Other than office visit 0% coinsurance /visit deductible applies	Not covered	Deductible waived for first 3 non-preventive office visits, combined with primary care, urgent care, Behavioral Health/Substance Use Disorder office visits. Requires prior authorization except for the initial behavioral health assessment.
	Inpatient services	0% coinsurance deductible applies	Not covered	Requires prior authorization.
If you are pregnant	Office visits	Prenatal-No Charge 0% coinsurance /visit deductible applies	Not covered	Cost sharing does not apply for preventive services.
	Childbirth/delivery professional services	0% <u>coinsurance</u> <u>deductible</u> applies	Not covered	Coverage includes abortion services.
	Childbirth/delivery facility services	0% <u>coinsurance</u> <u>deductible</u> applies	Not covered	Coverage includes abortion services.
If you need help recovering or have	Home health care	0% <u>coinsurance</u> /visit <u>deductible</u> applies	Not covered	Limited to 100 visits each calendar year. Requires prior authorization.
other special health	Rehabilitation services	0% coinsurance /visit	Not covered	Requires prior authorization.

<sup>\*</sup> For more information about limitations and exceptions, see the  $\underline{\text{plan}}$  or policy document at  $\underline{\text{www.iehp.org}}$ 

		What Yo	ou Will Pay	Limitations Evacutions 9 Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
needs		<u>deductible</u> applies		
	Habilitation services	0% coinsurance /visit deductible applies	Not covered	Requires prior authorization.
	Skilled nursing care	0% coinsurance deductible applies	Not covered	Limited to 100 days per calendar year. Requires <u>prior authorization.</u>
	Durable medical equipment	0% <u>coinsurance</u> <u>deductible</u> applies	Not covered	Requires prior authorization.
	Hospice services	No charge	Not covered	Requires prior authorization.
	Children's eye exam	No charge	Not covered	Limited to 1 visit per year.
If your child needs dental or eye care	Children's glasses	No charge	Not covered	Selected frames; 1 per calendar year; contact lenses covered in lieu of glasses
	Children's dental check-up	No charge	Not covered	1 routine preventive exam/6 months.

#### **Excluded Services & Other Covered Services:**

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Chiropractic care
- Cosmetic Surgery
- Dental care (adults)
- Hearing aids

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (adult)
  - Routine foot care
  - Weight loss programs (exclusion does not apply to preventive care behavioral interventions)

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Abortion services
 Acupuncture
 Bariatric surgery

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- Department of Labor's Employee Benefits Security Administration: 1-866-444-EBSA (3272) or visit <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa">https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</a>
- California Department of Managed Health Care: 1-888-466-2219 or TDD line 1-877-688-9891 for the hearing and speech impaired or visit www.dmhc.ca.gov.
- Office of Personnel Management Multi-State Plan Program: https://www.opm.gov/healthcare-insaurance/multi-state-plan-program/consumer/

Other coverage options may be available to you, too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.iehp.org

grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

- IEHP at 1-855-433-4347 (TTY 711), Monday-Friday, 8:00am to 6:00pm PST. Give your Member ID number, your name and the reason for your complaint.
- By mail: Call IEHP at 1-855-433-4347 (TTY 711), Monday-Friday, 8:00am to 6:00pm PST, and ask to have a form sent to you. When you get the form, fill it out. Be sure to include your name, Member ID number and the reason for your complaint. Tell us what happened and how we can help you.

  Mail the form to:

**IEHP** 

Attention: Grievance and Appeals Department

P.O. Box 1800

Rancho Cucamonga, CA 91729-1800

- Your doctor's office will have complaint forms available.
- Online: visit the IEHP website at www.iehp.org

Additionally, a consumer assistance program can help you file your appeal. Contact the California Department of Managed Health Care at the contact information provided above.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-433-4347 (TTY 711).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-433-4347 (TTY 711).

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-855-433-4347 (TTY 711).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-433-4347 (TTY 711).

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.iehp.org

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$9,450
■ Specialist cost sharing	0%
■ Hospital (facility) cost sharing	0%
Other cost sharing	0%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

\$12,700		
In this example, Peg would pay:		
\$9,450		
\$0		
\$0		
\$60		
\$9,510		

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$9,450
■ Specialist cost sharing	0%
■ Hospital (facility) cost sharing	0%
■ Other <u>cost sharing</u>	0%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

**Prescription drugs** 

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$5,200	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$5,220	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$9,450
■ Specialist cost sharing	0%
■ Hospital (facility) cost sharing	0%
■ Other <u>cost sharing</u>	0%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

<b>Total Example Cost</b>	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,400	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,400	